



# MN Society For Clinical Social Work

*GENERATING EXCELLENCE IN CLINICAL SOCIAL WORK*

Fall 2011

Volume 31, Issue 2

## President's Letter

Harriet Kohen

This is my first presidential letter for MSCSW for 2011-2013. I know I follow in big footsteps as I chair the society in a time of national economic distress and uncertainty. I have been a member of MSCSW since 1999 and on the board since 2008. During that time I learned that the legacy of MSCSW is filled with legislative and advocacy successes amid uncertain outcomes and changes in the status of social workers. This organization works hard for its members and for the profession. Thank you for joining us. Last year the decision to lower dues made a difference to many of you and we are honored by your membership. I welcome you and encourage you to become involved by attending monthly board meetings, joining a committee, writing for the newsletter, joining a study group, utilizing consultation services, or attending any one or more of our educational programs. I look forward to meeting you.

I am proud and excited to be the president, and also humbled because I know there is a strong committed board working to promote and foster clinical social work in the community and to advocate for our clients.

### Inside This Issue

Featured Member.....	2
Committee Reports.....	3
Political Update.....	5
Supervise/Consultation List.....	9
Study Group News.....	10
Advertisements.....	12

Recently when I met with our recent past president Sarah Anderson, we discussed how many changes

we face in this stressful economic environment as clinical social workers serving underserved, elderly and disabled clients, in the face of numerous health care law changes. We don't know many of the changes will affect us, but one thing we do know is that LICSW's will continue to be paid the comparable rates to other professions with no reductions in Medicare reimbursement rates. This was wonderful news thanks to the efforts of Sarah Anderson, Pam Luinenburg and Senator Linda Berglin who lobbied and won to maintain our status.

Some of the issues facing our profession are related to increasing licensing requirements for new graduates and experienced practitioners. The new licensing requirements for LICSW, LSW, LGSE and LISW went into effect of August 1, 2011, and hopefully you received a yellow postcard in the mail detailing the changes. To summarize: all licensees have increased continuing education requirements. CE's are increased from 30 to 40 hours per 24-month renewal period. Two CE's in ethics remains. Additional requirements for LICSWs include at least 24 hours in clinical content. Please check out the social work board's website at [www.socialwork.state.mn.us](http://www.socialwork.state.mn.us) for more details for licensing supervisors and new LICSW licensing requirements. Our education committee, always ahead of the curve, began integrating many of those requirements at the 2011 spring workshop. A posttest will be available to you for each educational offering.

Speaking of education, I want to highlight that MSCSW schedules quarterly ethics sessions that are free to members. These seminars are an invaluable way to earn those credits. Each quarter a different facilitator prepares a unique topic for discussion. I

found those sessions thought provoking with rich discussion and challenging dilemmas. Be sure to check out the newsletter or website for dates and locations.

Our website is [www.clinicalsocialworkmn.org](http://www.clinicalsocialworkmn.org) and is updated regularly.

The hot burning issues right now, new supervision requirements for supervisors and supervisee will change the landscape of professional education. Please take a few moments to review your status as a supervisor to see if you still qualify. Additional training to acquire the needed 30 hours of supervision CEs is available through several organizations. MSCSW is hoping to start another supervision study group. Please contact the membership committee, Bev Caruso or Linda Pavic, if you are interested in this or any study group. Several other opportunities for supervision CEs are cited in this newsletter.

Here's to a productive and stimulating year!

---

## **WELCOME!**

MSCSW welcomes the following new members:

Sarah Barret  
Heather Burke  
Carmen De La Hoz  
Nicole (Nikki) Dufour  
Deborah K. Erickson  
Kristin Green  
Karen Hall  
Brenda Hartman  
Cindy Klein  
Nicole Larson  
Rondi Lillehaug  
Cynthia White Meyer  
Linda L. Nielsen  
Lindsay A. Nielsen  
Josephine Nwoke  
Kristy Schutt  
Jenelle Slobof  
Kristen Thompson  
Lisa Tetsugan Zummach

---

## **Featured Member**

### **Getting to Know Clayton Sankey MSW, LICSW, BCD, Fellow of the MSCSW**

Clay grew up in this area, attended Macalester College, the U of M and lived in the Ohio and Michigan area for four years, during which he got his MSW from Western Michigan University.

He began his career in 1969 as a parole officer for the State of Minnesota and subsequently worked for the Court Diagnostic and Treatment Center in Toledo, Ohio, the Minnesota State Prison at Stillwater and the Arlington House Residential Treatment Program among other employments.

In 1979 Clay was recruited to the very new MSCSW by Marsha Eldot and thereafter was elected Secretary, then Vice President, then President. He served as Legislative Chair and representative to the Coalition for Legal Regulation of Social Work during the years leading up to the licensing bill which was signed by Governor Perpich in 1987. He and Hilde Gasiorowicz worked together to draft the first code of ethics of the MSCSW, though he says Hilde did most of the work and she provided treats as well. Clay is a modest guy. We know he made major contributions. Clay's hard work resulted in him being elected Fellow of the MSCSW in 2003, which he says may be the high point of his career.

In 1985 he joined Karen Belling and David Bailey as a founding partner of River City Mental Health Clinic. During his 19 years at River City, he served as field faculty for the UST-CSC and U of M schools of social work and supervised ten students through their clinical field placements. He also served as a supervisor for the Board of Psychology, Board of Social Work and HPSP, and as a consultant to the BOSW from that time to the present.

In 1984 he sat for the psychology license exam, was licensed as an LP and held that license until it became superfluous because the BOSW was created and he was licensed as an LICSW. He is also a Board Certified Diplomat in Clinical Social Work of the American Board of Examiners in Clinical Social Work.

In 2004 Clay started his solo practice in North St. Paul, where he often bikes to work. He specializes in difficult cases, particularly of adolescence and has a balanced practice serving child to adult, marriage and family clients. His dog Toby was a therapy partner in that practice until Toby retired. Clay lives in Oakdale with Dorothy, his partner of 35 years. She teaches special education for North East Metro 916 at the Woodbury satellite in Valley Crossing Elementary. He has three grown and wonderful children, a son-in-law, soon to be daughter-in-law and three granddaughters to match. He enjoys walking, dancing, hunting, horses and his dogs.

We are so fortunate Clay agreed to return to the Clinical Society Board in 2010. His dedication, knowledge and energy are greatly appreciated!

## COMMITTEE REPORTS:

### Law Committee – Legal issues and Clinical Social Work

The committee on law continues to respond to members' requests for consultations regarding dilemmas and questions arising in their clinical practice that interface with ethical and legal issues. Committee members are also planning a seminar for members on tips for responding to Board of Social Work complaints. Please contact Ellen Luepker at 651-999-0116.

### Membership Services Committee

Membership Planning Committee: Linda Pavic, Bev Caruso, Carol Schreier, Kate Casgriff, Sarah Schuh.

- **Ethics Seminars, Annual Meeting, Special Projects** – Bev Caruso (612-374-2618), Linda Pavic (952-215-6612)
- **Database/Membership Records/Directory** – Sarah Schuh (612-873-7720)
- **Newsletter Coordinator/Online Newsletter/Supervision List/Study Groups** – Bev Caruso (612-374-2618)
- **Web Coordinator** – Sarah Anderson (651-766-0671)

- **MSCSW Ethics Trainer List** – Carol Schreier, Betsy Horton, Ellen Luepker, Dave Gibson, Sarah Anderson, Bev Caruso

## Education Committee

The Education Committee welcomes suggestions for next year's workshops. Members are invited to present on a topic of interest, passion or expertise for two hours in an informal gathering. Contact Bonnie Burg or Mark LaChapelle.

### 2011-2012 EDUCATION PROGRAMS

#### Clinical Conversations

##### “Relational Life Couples’ Therapy”

Ned Froehlich, LICSW, BCD  
Monday, September 26, 2011  
7-9 pm, 2 CEUs  
Tubman Family Alliance

##### “Spirituality and Psychotherapy”

Bonnie Burg, LICSW, BCD  
More information to follow

##### “Creating a Professional Will and Planning For Retirement”

More information to follow

### 2011-2012 WORKSHOPS:

#### “Psychotherapy with Trauma”

Colin Hollidge, Ph.D., LICSW  
Friday November 4, 2011, 9 am to 4 pm  
Mayflower Church, Minneapolis

#### “Adolescents and Death”

Clay Sankey, LICSW, BCD & Carol Schreier, LICSW  
More information to follow

#### “Treating Suicidality and Suicide Survivors”

More information to follow

## FALL CLINICAL CONVERSATION

### Relational Life Therapy: Conceptualizing Couple's Therapy

Ned Froehlich, MSW, LICSW

Monday September 26, 2011, 7-9 pm

Tubman Family Alliance

3111 First Av S, Minneapolis

2 CEUs

Relational Life Therapy (RLT) is an approach to couple's therapy developed by Terry Real, MSW. Living a "relational life" means living a nonviolent life and embracing the innate value of all human beings. RLT offers strategies to combat marital dysfunction and restore harmony in relationships. Couples recovering from affairs, traumatic events, or a lull in passion can find RLT helpful. To repair discord, the therapist identifies the main conflict upsetting the couples' emotional intimacy. Once the partners see how they both contribute to the problem, the therapist teaches them skills to improve the ways they relate to each other.

**Goal:** Provide an introductory overview of Relational Life Therapy for couples.

#### Objectives:

- Participants will learn the basic structure of RLT.
- Participants will have an opportunity to hear how the approach is used to help couples repair and radically change their relationship.
- Participants will become familiar with "losing" and "winning" relationship strategies and how to live a "relational life."
- To provide clarity on how effective couples' therapy differs from individual therapy, and why it's important to have the partner "in the room to facilitate growth."

Ned is a past president and Fellow of MSCSW. He has trained extensively with Terry Real in Boston and in the Twin Cities, and is certified in Relational Life Therapy. His private practice in Maple Grove is now comprised of about 50% couples' work.

**FREE** to MSCSW members

**\$25** for non-members

**NO** registration required.

## Fall Workshop

### Complex Post Traumatic Stress Disorder: A Relational Perspective

Colin Hollidge, Ph.D., LICSW

Friday November 4, 2011, 9 am to 4 pm

Mayflower Church, Minneapolis

This workshop will focus on working therapeutically with adults who suffer from Complex Post Traumatic Stress Disorder. Complex PTSD is a comprehensive formulation of the consequences of prolonged and repeated trauma. As Judith Herman states, "it is an attempt to bring together some kind of order to the bewildering array of clinical presentations in survivors who had endured long periods of abuse."

This workshop will emphasize a relational model whereby Complex PTSD is seen as an adaptive response to overwhelming trauma and terror which alters the individual's neurophysiology, her sense of self, her view of others and the manner in which she engage in relationships.

First the workshop will focus on helping participants develop a sense of how prolonged exposure to trauma affects the developing brain. We will compare the non-traumatized child's "learning brain," focused on seeking a balance between exploration and familiarity, compared to the "survival brain" exposed to repetitive trauma that seeks to anticipate, prevent or protect against the damage caused by potential or actual threats. We will examine how memory is impaired by repetitive trauma and its impact on the development of a cohesive narrative, so vital to the development of a reflective self. We will review the role of dissociation and its impact on self-development.

Next, the workshop will emphasize the relational aspect of complex trauma. We will focus on how repetitive trauma contributes to attachment difficulties. We will focus on how complex PTSD impacts personality organization.

The second half of our workshop will focus on how we can utilize the relational model to offer these clients a corrective experience that puts them back on the road to self-development and exploration vs. the constant repeating of the traumatizing attachment organization. We will divide our discussion of

treatment into four categories; a) assessment, b) promotion of safety and stabilization, c) deepening the experience and working through the traumatized aspects of the self, and lastly, d) reconnection. During our discussion of treatment we will emphasize the importance of focusing on the therapeutic relationship, working within the transference/countertransference matrix, the special role of enactments, projective identifications, mentalization and how to work with self-harm. The workshop will focus on cognitive and emotional processing of traumatic experiences.

**The Presenter,** Colin Hollidge, Ph.D., LICSW, has been working in the field of Complex PTSD for nearly 35 years. He is an Associate Professor in the School of Social Work at St. Catherine University/University of St. Thomas and has a private practice in psychotherapy in Eagan, MN. He provides consultation to numerous agencies providing mental health services to children and adults. He is also a board member and faculty member of The Minnesota Contemporary Institute for Psychotherapy and Psychoanalysis.

---

## Political Update

Mary Moriarty

We have survived the MN government shutdown and the national debt crisis and are waiting to see how the results affect our clients and us. Clinical Social Workers can be relieved that the MA/Medicare crossover claims reductions were dropped for mental health service. Our lobbying helped! All of us owe thanks to those who contacted legislators and other influential players. I know of the hard work Sara Anderson, Pam Luinenburg, Dave Gibson, Tamara Kaiser and Ellen Luepker did and I'm sure others of you did as well that I just don't know about.

Sarah Anderson notes that the rates DHS and Medicare use are standards in which commercial insurances set our rates. This affects all LICSWs because those who are not in private practice also will have their reimbursement decreased as their employers are getting less money for their services.

Some other reductions to providers were part of the HHS bill but we aren't sure what yet.

What will affect our clients is that MN Care individuals without children who make 200% of the federal poverty line will no longer qualify for MN Care and will instead be given a voucher to buy private insurance. Two hundred percent of the federal poverty line is a paltry \$22,000 for a single person. Experts feel this will affect 8,000 MN Care recipients. The plan assumes that in 2014 these people will qualify for the health insurance exchange and subsidies created by the Affordable Care Act. That the Affordable Care Act in MN wasn't cancelled is felt to be one positive of the budget bill passed in MN. The final Health and Human Services bill cuts \$1.23 billion in funding to hospitals, to Medicaid, and to nursing homes, home health care and PCA services. Another positive is that the State's two percent provider tax will end in 2019 as health care options expand. Here is a good reason to be watchful of changes in Healthcare laws so that money isn't taken for something else as happened under Governor Pawlenty.

We are losing two supportive legislators: Senator Linda Scheid SD 46 died recently and Senator Linda Berglin SD 61 is leaving after 39 years as a legislator and taking a new job as a health policy program manager for Hennepin County. Linda Berglin often supported Social Work issues and was known as Ms. MN Care. If any of you live in these districts please support progressive candidates.

Of political and human interest is the bullying based on gender and sexual orientation in the Anoka-Hennepin School District. CNN had a program on the district's neutrality policy recently as well as other media, and no one seems to be able to define what neutrality means. Peer-on-peer harassment based on not conforming to gender stereotypes has prompted federal investigation, and it is interesting that some letters to the editor have questioned if the 2012 upcoming constitutional amendment that would in essence ban gay marriage in MN is a form of bullying.

For information on bills, follow the NASW sites and know that Social Worker Tracy Crudo who is on PACE created a child welfare policy blog at the Center for Advanced Studies in Child Welfare at <http://www.cehd.umn.edu/ssw/cascw/PracResources/childWelfarePolicy.asp>.

---

## Board & Coalition Teamwork Nets Results

Sarah Anderson, Past President

I'm sure I don't need to explain the rollercoaster the state budget and politics has been to anyone. However, this year the direct efforts of MSCSW board members resulted in success.

Dave Gibson (Coalition Rep) worked hard all year on topics such as supervision and the proposed law changes affecting social work. All of the BOSW bills were tabled due to the Omnibus bill not passing by May 23rd (expected to resurface next legislative session).

In April I wrote a 10-page report regarding a small portion in all 3 HHS proposed budgets (the DFL, GOP and Governor's budgets). The budgets included a proposal to have mental health excluded from Medicare Part B crossover claims payment limits. This is a complicated system for determining provider payment rates, however Medicare and DHS rates are what commercial insurances use in determining rates as well, so the issue was larger than seniors and SPMI adults.

The consequences of MA cuts for services to dual-eligible aged and disabled would result in LICSW's reduction in reimbursement (up to a 26% decrease which would total 32% decrease from 2010.) Understanding that although social workers are committed to our clients and want to keep serving them, we can no longer afford to do so because the reimbursement simply doesn't cover their costs.

In mid June and the efforts on this had been halted because of all of the overwhelming details related to the statewide possible cuts, in essence this was a small portion of very large systems being affected. However believing that it was worth our efforts, the MSCSW board then supported the need for quick advocacy on behalf of social workers.

Therefore both Pam Luinenburg (Minnesota Coalition of Licensed Social Workers) and I attempted to pull off a last minute Hail Mary. We emailed and called political contacts as well as nearly harassed DHS. We had phone conferences explaining the affect it would have on our profession. And thanks to Sena-

tor Linda Berglin (who advocated for this issue during negotiations) the LICSW decline in reimbursement was deleted from the passed budget!

The savings to the state and the HHS bill from the proposed cuts would have been relatively small, and we believed they would generate greater expenses to our clients and our profession. Our best efforts were very luckily heard at the last moment and we were successful in preventing this decline.

Let's hope for a calmer and less dramatic session next year!

---

## Letter of Facts & Support

*Several members provided support and talking points to Dave Gibson, who represents the MSCSW at the Coalition. Ellen Luepker, MSW, LP, LICSW, provided Dave with this letter of facts and support:*

I am writing to express concern about language in the Health and Human Services budget bills that propose clinical social workers receive 20% less reimbursement than psychologists for providing the same psychotherapy services that psychologists provide to patients. The proposed decrease of 20% pay comes on top of clinical social workers already receiving only 75% of the fee psychologists receive for providing the same psychotherapy services! This part of the HHS bill is very disturbing for the following reasons:

Based on my years of professional experience as a clinical social worker teaching psychotherapy to numerous psychology doctoral interns (formerly as a clinical supervisor in psychology interns' training at Walk-In Counseling Center and as a guest lecturer in ethics at Argosy U's psychology doctoral program), I can say with certainty that clinical social workers are at least as well trained, if not more extensively trained, than psychologists are to provide psychotherapy.

Our legislators must understand that psychotherapy is the same, whether provided by clinical social workers, psychologists, or psychiatrists. Clinical social workers however are likely to have more hours of supervised training in psychotherapy than other mental health disciplines. (This is because the other disciplines spend time in other areas, such as learn-

ing to provide testing or to prescribe medicine, none of which is psychotherapy.)

Please do not cut reimbursement rates of clinical social workers for providing psychotherapy when psychotherapy is the same across disciplines; when clinical social workers are equally if not more extensively trained in psychotherapy; and when reducing the fee for the same service beyond an initial reduction is blatantly unjust not only to members of this one profession but to countless citizens of Minnesota who require competent psychotherapy services.

Is there not a law in our state that protects a profession from receiving less reimbursement for exactly the same service?

---

## LICENSE EXAM REVIEW COURSE

Sponsored by MSCSW & NASW-MN

**Saturday, October 22** (8 am - 12 noon & 1 - 5 pm)  
and **Sunday, October 23** (9 am - 1 pm)

This course is designed for all levels of licensure including a breakout session for the basic exam (LSW). This course will reduce test anxiety, sharpen test-taking skills and review the knowledge base of social work. The LERC course includes: test-taking pointers, exam content review, written and oral practice questions, comprehensive manual, and is taught by three faculties over 12 hours.

CEUs available! Registration Fees: \$170 for NASW or MSCSW members, \$195 for non-members, \$25 discount for groups of three or more. Optional box lunch is available for \$7. Snacks and beverages are provided. Call 651-293-1935 for a brochure/registration form.

---

## Database Membership Records

If you have changes in your identifying data, email, or have questions about your membership, please call database staff member Sarah Schuh at 612-873-7720.

---

*...patience, the therapist holding onto the caution of still not knowing - alongside the dawning sense of beginning to understand.*

*Patrick Casement, "On Learning from the Patient"*

---

## Private Practice Group

The next Business Issues in Private Practice Consult Group will be Monday, October 10, from 7-9 pm.

We'll meet at the St. Louis Park office of Mark LaChapelle. This meeting is free to MSCSW members. Contact Mark LaChapelle at 952-928-8474 or at [mark@marklachapelle.com](mailto:mark@marklachapelle.com) with questions.

---

## Congratulations!

Kudos to Anne Gearity! At the U of MN psychiatry residents' graduation, the **child psychiatry fellows presented Anne their "teacher of the year" award**, along with co-faculty member, Elizabeth Carson, with whom she has been teaching a child development course. They spoke appreciatively of how essential knowledge of child development is and how flexible and helpful Anne has been on their clinical cases.

---

## Next Ethics Seminar

The next Ethics Seminar, facilitated by Carol Schreier, will be held on **Monday, October 17, 2011, 7-9 pm** at the home of Carol Schreier, 4949 Thomas Avenue, Minneapolis, MN.

Join us for an informal, relaxed opportunity to discuss ethical dilemmas with supportive colleagues.

**FREE** to MSCSW members; \$25 for others

Future seminars will be announced via email

Contact Membership Services for information

Please REVP to [BevCaruso@gmail.com](mailto:BevCaruso@gmail.com)

---

## Mentor Orientation Program

The MSCSW Board and Membership Committee have established a mentor orientation program to welcome and introduce new members to the society. It was felt this individualized orientation program would introduce members to our services, identify the members interests and facilitate the society helping them achieve their professional goals. This program will link new members with established members who together can determine if they wish to collaborate via internet/phone or in person.

A mentor relationship will be offered to new members in a letter in their welcoming packet. A mentor/mentee relationship could include discussing the following:

- the members' expectations for Society membership
  - their planned level of involvement
  - their skills and needs
  - their contribution to clinical social work
- 

## Clinical News and Research

**ADHD Prevalence in 2007–2008 reaches 9.5%:** The National Survey of Children Health reports of prevalence increases in ADHD. In 2003–24 the reported prevalence was 7.8 %. Explanations for the increase may include: increased awareness of the diagnosis, and more children being tested. Of those reported 2/3 received medical treatment.

*Clinical Psychiatric News, December 2010*

**Where do emotions come from:** Neuroscientists in Sussex, England monitored heart rate, stomach contractions and brain activity. They observed that core disgust evoked strong stomach contractions, body boundary violation elicited increases in heart rate. The findings support the idea that these bodily responses are more than general arousal. They form the source of specific emotions.

*Journal of Neuroscience, September 2010*

**Toxic Together– depression and heart disease:** The journal, Heart, reported individuals with depression and heart disease were 5 times more likely to die than their healthy peers. Depression alone doubles mortality risk. It is suspected inflammatory factors associated with the brains stress response play a role.

*Scientific American Mind, January 2011*

**Social before birth:** Researchers at the University of Turin and Parma, Italy, used ultrasonography, a technique for imaging internal body structure. They found twins act purposefully in the womb beginning in the 14<sup>th</sup> week of gestation.

*Scientific American Mind, January 2011*

**Empathy declining:** A recent study finds a decline in empathy among young people in the US. Research at the U. Michigan, Ann Arbor, found college students self reports to show empathy has declined over the past 30 years. Seventy –five % of students today rate themselves less empathic than the average student rated them-

selves 30 years ago. Researchers sight an increase in social isolation. Americans are less likely to join groups. Also, Americans have abandoned reading and people who read less fiction report themselves to be less empathic.

*Scientific American Mind, January 2011*

**Some apparent correlations are true:** The long suspected physiological link between inventiveness and mental illness is borne out by recent research. A research team in Stockholm used PET scanning to study the brains dopamine communication system. It was found people who had lower levels of dopamine receptor activity also had higher scores on tests of divergent thinking or finding many solutions to a problem.

*Scientific American Mind 2010*

**Busy people are happy people:** Researchers at the U. of Chicago and Shanghai University reported that busy-work, even mindless simple tasks, can boost your mood. Given choices, people in several experiments choose busyness over idleness. Those who chose the busy option reported feeling happier.

*Psychology Science, July 2010*

---

## Dr. William Walker



Talk about chance meetings! Linda Pavic and Bev Caruso sat next to one of the **founders of the MN Society for Clinical Social Work** at the June 2012 hypnosis conference. After some conversation, we learned we were talking to William Walker, PH.D., B.C.D., Licensed Independent Clinical Social Worker, Licensed Psychologist and Certified EMDR Therapist. Dr. Walker now lives and works in New London, MN. We had a delightful time with Dr. Walker discussing his current work at the Interventional Pain & Physical Medicine Clinic in New London. We clarified his contributions to the society and discussed his bringing the concept of licensure from Massachusetts, partnering with colleague Ellen Luepker, and beginning our long road to licensure. Thanks were in order after we invited him to attend a board meeting or the next annual meeting.

If you would like to reminisce with William Walker, he invites society members to contact him at 320-354-3571.

# Supervise/Consultation List

## Clinical Social Work Supervise/Consultation List

The following list of members, available as supervisors or consultants, is provided for the convenience of our members and is not meant to convey any endorsement or to take any responsibility for their practice. The following supervisors attest that they have completed the 30 hours of required CEU training in supervision required by the BOSW as directed in the new licensure law of August 1, 2011.

### Supervisors

**Beverly Caruso, LICSW** - 612-374-2618

Individual and group adult therapy, marital therapy

**Carole Cera, LICSW** - 952-542-4836

Individual, adult, child, adolescent treatment, crisis intervention, domestic violence, social service, agency setting

**Laurie Curtis, LICSW** - 763-493-0171

Adults, psychoanalytic psychotherapy & psychoanalysis

**Ned Froehlich, LICSW, BCD** - 763-201-1093

Individual, adults and adolescents, family therapy, children with disruptive behavior disorders, marital therapy

**Hilde Gasciorowicz** - 612-871-8344

Individual or group supervision, adults, crisis, also short-term model, psychoanalytic training

**Dave Gibson, LICSW** - 651-216-8899

Adolescents 12+, individuals, groups and family, day/residential treatment, GLBT

**Betsy Horton** - 612-920-3265

Adults, couples

**Tamara Kaiser** - 612-825-8053

Individual, adults, supervision/consultation and training for supervisors

**Susan Kundell** - 651-788-2913

Individual, group psychotherapy with adults and seniors, GLBT issues, mood disorders, psychiatric disorders

**Harriet Kohen** - 763-546-1796

School age children, youth and their families

**Mark LaChapelle, LICSW, LMFT, BCD** - 952-928-8474

Individual adults, couples, families, Axis II, spirituality, trauma, GLBT, addiction recovery

**Ellen Luepker** - 651-999-0116

Child, adult, family, & group therapy, Issues of ethics, law

**Mary Moriarity** - 763-494-8554

Also LMFT, Individual, family therapy, adults, children, adolescents, school social work

**Catherine Phibbs** - 952-854-7200

Adolescent, families, couples, women's issues, grief/loss

**Kathy Sampson** - 612-722-5120

Individual, couples, group psychotherapy

**Clayton Sankey** - 651-770-0355

General practice, adolescents, corrective action by Board of Social Work

**Carol Schreier** - 612-925-8673

Individuals, couples, groups and families

**Jenelle Slobof** - 561-308-5904

Individual, group supervisor, crisis psychiatric emergency, geriatric, medical, case management, SPMI

**Dodi Thorman** - 612-624-1444

Individual, group therapy with adults, adolescents, couples, trauma, grief, loss, women's issues and anxiety disorders

### Consultants

**Bonnie Burg** - LICSW, BCD, -651-647-4412

Psychodynamic psychotherapy, adults, mood disorders, GLBT, spirituality

**Gail Hartman** - 612-871-3371

Individual therapy with adults and couples, family therapy

**Susan Schultz** - 952-842-0299

Work with birth to five years of age

**Chad Breckenridge** - 612-339-0737

Adult, adolescent, couple family therapy

**Mitch Leppicello** - 651-739-7539 ext. 228

Children, adolescents, and family therapy, specializes in work with youth on autism spectrum D

**Joan Wernick** - 651-641-1749

Adults, individuals and couples

*We shall not cease from exploration and the end of all our exploring will be to arrive where we started and know the place for the first time.*

*T.S. Eliot: Little Gidding*

# Study Group News

---

## Study Group changes

As most of you are aware, the licensure law changed on August 1, 2011. The requirement that licensed social workers, who provide supervision to social workers working toward licensure, must attest to having completed 30 hours of supervision training, encouraged the coalition to brain storm how to provide this new level of training. One of the means to achieve this training, the clinical societies study groups, was discussed and its implementation was refined by the Coalition Supervision Task Force with advisement from the Board of Social Work.

Sponsored Study Groups offer a means to learn, collaborate, and develop skills in a cost free manner without the 15 hour limit placed on independent study by the BOSW. Because they are sponsored by an organization, association or agency and have a coordinator with experience and knowledge of the covered material the CEU's fall under the larger category in the Licensure Law and are therefore unlimited. Please note some changes in the structure of the study group implementation.

### Steps to Forming a Study Group (SCEPG– Sponsored Continuing Education Programs for Groups)

1. Identify an area of study which is social work oriented, that is, pertains to social work knowledge, skills or ethics.
2. Identify study resources such as books, journal articles, case studies, etc that will inform the discussion and learning. Note: SCEPGs are not discussion groups, book clubs, supervision groups or case consultation. They have a topic and a designated leader.
3. Determine a meeting place and time.
4. Choose a designated coordinator who has experience and training in the subject matter who will facilitate the discussion and record each meeting, date, agenda and specific topic. ( See Section 148E.165 Continuing Education Requirements of Licensee in the Licensure Law regarding how to document the hours of training so they meet the Boards requirements.) The presenter must be “qualified in the subject matter” and will prepare and present information at each group meeting. The

program presenter cannot count as CEUs the hours spent in providing the presentation. The PP may earn “independent study” CEU hours by doing the research to present the program. The role of the “presenter” in the study group can rotate.

5. Issue CEU certificates to members, for hours attended, through the auspices of your organization, association or agency as members complete the group, the group completes its mission, or as members need them for licensure renewal.

Members: See the MN Coalition Supervision Web page for further discussion of the study group structure changes. Go to NASWMN website and choose the Supervision web page.

---

## NEW STUDY GROUP

**The Body in Psychotherapy Study Group:** We will schedule a planning meeting to begin this study group. Possible topics include: the body–brain connection, body–oriented therapy methods, the body as a resource in therapy, the body and trauma healing, body image, the body in depression and anxiety, eating disorders and food issues, the body and abuse, chemical dependence, self mutilation. The group may include some case discussion and experiential learning. Topics, books, and meeting time will be based on interest. Meeting will probably be once a month in the late morning on a Monday or Friday. Contact Kathie Bailey 612–870–6127 or [therapymn@aol.com](mailto:therapymn@aol.com) if interested.

---

## Treatment of Trauma (Thursday)

This group meets the third Thursday of the month at 9:30 am. Call 612–374–2618 for questions. The group is planning their Fall and Winter materials at the next meeting.

## Treatment of Trauma (Friday)

Our Trauma study group is presently reading Peter Levine's "Waking the Tiger: Healing Trauma." We meet on the first Friday of the month at the St. Louis Park Byerly's Community Room at 9:00 am. We have

# Study Group News

room for more members. Contact Anne Ford at 612-817-1757 or [anne.j.ford@gmail.com](mailto:anne.j.ford@gmail.com) for more information.

## Spirituality Group

The Spirituality and Psychotherapy Study Group will begin its 11<sup>th</sup> year in September. We will be reading "How God Changes Your Brain," by Andrew Newburg, MD, and Mark Robert Waldman. We have no openings for the group, but please join us for a Clinical Conversation in the Spring. Call Bonnie Burg, LICSW, BCD, at 651-647-4412.

## Adolescent & Child Tx Study Group

The Child Adolescent Study Group meets the first Friday of the month. The group is open to new members, and typically meets at the Edina Library Community Room (5280 Grandview, Edina, 55436) from 10-11:30 am. Contact Anne Ford at [anne.j.ford@gmail.com](mailto:anne.j.ford@gmail.com) or 612-817-1757.

## Supervision Study Group

The Supervision Study Group will continue on the second Tuesday of the month at the home of Carol Schreier, 4949 Thomas Ave South, Minneapolis. Contact Carol regarding enrollment at 612-925-8673. Previous supervisory experience required.

## New Study Group Opportunity

A new study group is starting up for on-going, extended study/discussion of readable, seminal books in the psychoanalytic therapy field, including sharing our clinical applications. This group is limited to 5-7 members. The first suggested book is Psychoanalytic Diagnosis: Understanding Personality Structure in the Clinical Process, by Nancy McWilliams, Ph.D.

Other suggestions include Althea Homer The Wish for Power and the Fear of Having It, and Martha Stark Modes of Therapeutic Action. The group will meet on the third Thursday of the month in Elizabeth Hubbard Brady's St. Paul office from 9-10:30 am. If interested, please call Elizabeth Hubbard Brady, MSW, LICSW at 651-523-8800.

## Study Groups:

Supervision Study Group .....	Carol Schreier, 612-925-8673
Treatment of Clients Who Experienced Trauma (Thursday) .....	Bev Caruso, 612-374-2618
Treatment of Clients Who Experienced Trauma (Friday) .....	Anne Ford, 612-817-1757
Psychotherapy and Spirituality .....	Bonnie Burg, 651-647-4412
Adolescent Therapy/Child Therapy .....	Anne Ford, 612-817-1757

To have a Study Group listed in this newsletter, email [BevCaruso@gmail.com](mailto:BevCaruso@gmail.com)



**JFCS**  
**Licensing Supervision**  
at Jewish Family and Children's Service of Minneapolis

Experienced, Licensed Clinical Social Workers providing LICSW and LPCC supervision in an agency setting.  
See why JFCS supervisees don't want supervision to end!  
Individual sessions: \$75/hour ♦ Group sessions: \$35/hour

Supervision through JFCS is **the best I've ever had**, and I mean that!  
—Cathy G.

# Advertisements

## AAPCSW–MN Chapter Presents a Seminar Series on

Advanced Clinical Supervision: Concepts, Dynamic Processes & the Supervisory Relationship

Ellen T. Luepker, MSW, LP, LICSW

Wednesday evenings, 7–9 pm

September 14–November 30, 2011

**Description:** The purpose of this ten-session seminar series is to enhance knowledge and skills in clinical supervision. We will review theories that shape clinical supervision and practice, developmental stages of supervisees and of supervisors, differences in learning styles, and issues of cultural diversity as they affect supervision. We will explore key dynamic processes at various stages of supervision such as: creating a holding environment; using self-awareness and self-reflection; understanding the supervisor's role, power imbalance, professional boundaries, parallel process, transference and counter transference; dealing with affect; managing ambiguity; using supervisee and supervisor process recordings as learning tools; and assisting supervisees toward autonomy. Sessions will include presentations and discussions of articles, handouts, and supervisory cases. Since we can expect to experience problems when providing supervision, and learning from our mistakes through consultation with colleagues can help promote our professional growth, participants are invited to share anonymous supervisory case vignettes that illustrate dilemmas in their own practices. Through participation in this seminar series, participants can earn 20 CEUs toward Minnesota BOSW's new requirement of 30 hours of supervision training.

**Dates:** September 14, 21, 28; October 5, 19, 26; November 2, 9, 16, 30

**Time:** Wednesday evenings, 7–9:00 pm

**Place:** 4108 Edmund Boulevard, Minneapolis, 55406.

**Number of Participants:** Limited to 10.

**Fee for all 10 seminars:** \$350.00

**For individual seminars:** \$40

**CEUs:** Total 20 CEUs for 10 sessions (two CEUs per session)

**Pre-registration requested by September 12, 2011:**

[bevcaruso@gmail.com](mailto:bevcaruso@gmail.com)

**About the presenter:** Ellen T. Luepker, MSW, LP, LICSW, Instructor in Psychiatry, University of Minnesota, is in private practice in St. Paul. She received her MSW from Smith College and a Bush Foundation Leadership Fellowship in early childhood development at the University of Minnesota. She has practiced in child, adult and family service settings and, for over 30 years, has provided clinical supervision to MSW students, psychology doctoral students, and psychiatry residents. She has authored numerous articles and three books, including *Record Keeping in Psychotherapy: Protecting Confidentiality and the Professional Relationship*. She is a member of AAPCSW, NASW, Fellow and Chair of MSCSW's Committee on Law.

### Registration Form

Name \_\_\_\_\_

Graduate school attended \_\_\_\_\_

Degree(s) \_\_\_\_\_

Year \_\_\_\_\_

Place of Work \_\_\_\_\_

Preferred Mailing Address: \_\_\_\_\_

Phone numbers:

Home \_\_\_\_\_

Office \_\_\_\_\_

Cell \_\_\_\_\_

Number of years experience providing supervision: \_\_\_\_\_

**Please check seminars you are registering to attend:**

- All Ten Seminars**
- Seminar #1 (9/14/11):** *Core Elements of Clinical Supervision and Stages of Supervisee and Supervisor Development.*
- Seminar #2 (9/21/11):** *Beginning Stage I: Theories of Learning, Learning Styles and*

## Advertisements

*Self-assessment of Supervisee's and Supervisor's Respective Learning Styles.*

- ❑ **Seminar #3 (9/28/11):** *Beginning Stage II: Rationale & Methods for Crafting Learning Assessment and Contract, Introducing Process Recording, Applying Saari Model.*
- ❑ **Seminar #4 (10/5/11):** *Dynamic Issues Affecting the Process of Supervision I: Diversity, Power, and Psychodynamic Perspectives on Supervision.*
- ❑ **Seminar #5 (10/19/11):** *Dynamic Issues Affecting the Process of Supervision II: Distinction Between Supervision and Therapy, Responsibility for Both Supervisee and for Supervisee's Patient; Modeling Capacity to Sit with Affect and Ambiguity; Clarifying Issues of Boundaries.*
- ❑ **Seminar #6 (10/26/11):** *Dynamic Issues Affecting the Process of Supervision III: Impact of Transference and Counter transference on the Supervisory Relationship.*
- ❑ **Seminar #7 (11/2/11):** *Supervision as Teaching, Using Words and Concepts as Organizers, and Methods of Teaching Theory Through Process Recording.*
- ❑ **Seminar #8 (11/9/11):** *Internalizing Skills and Developing as a Supervisee and Supervisor.*
- ❑ **Seminar #9 (11/16/11):** *Learning from our Mistakes.*
- ❑ **Seminar #10 (11/30/11):** *End Stage: Rationale and Methods for Terminating Supervision Well.*

❑ Enclosed is my check for \$350 to cover fee for all ten seminars.

❑ Enclosed is my check for \_\_\_\_\_ seminars at \$40 per seminar for a total of \_\_\_\_\_

Mail registration form and check made out to

**AAPCSW-MN** to:

Bev Caruso, LICSW  
2829 Inglewood Avenue  
St. Louis Park 55416

## American Association for Psychoanalytic Clinical Social Work

### 2011-2012 Schedule

AAPCSW members and friends, our Sunday evening seminars resume in the Fall.

Meet and Greet - 6:30 pm

Presentation - 7-9 pm

Light refreshments

#### October 2, 2011

Pornography: Implications for Attachment  
Hilde Gasciorwicz

#### November 13, 2011

Infant/Child Parent Psychotherapy  
Susan Schultz

#### January 29, 2012

Black Swan: Viewing and Discussion  
Participants

#### March 25, 2012

Paper- Climbing a Waterfall: The Recovery of an  
Adolescent from Autistic Retreat  
Kathleen Fargione

#### April TBA

Jungian Theory and Practice  
Mary Ann Miller

Evening seminars will be held at the home of Bev Caruso, 2829 Inglewood Avenue South, St. Louis Park. Contact Bev at 952-920-6568 or email at [bevcaruso@gmail.com](mailto:bevcaruso@gmail.com)

No fee for members, a \$10 fee for non-members.

### Adult DBT Group

Shelley S. Berven, MSW, LICSW announces the start of a new daytime, fully adherent adult DBT group at her Highland Park location in St. Paul. Please contact her directly for more information at 651-224-3035, or [shelley.berven@yahoo.com](mailto:shelley.berven@yahoo.com) Intakes can be scheduled any time starting September 6th. Most insurances are accepted and a sliding fee scale is available. Individual DBT therapy will be required as part of the program.

# Advertisements



## MPSI Programs 2011

### Interesting Conflicts and Conflicts of Interest Nuances of Dual Relationships

Rita Clark, M.D.

Saturday, September 10, 2011

9 am - 12:30 pm

The Minikahda Club

3205 Excelsior Boulevard, Minneapolis, MN 55416

Dr. Clark will explore how therapeutic and personal relationships affect teaching, committee work, supervision and treatment. Non-sexual boundary issues (fees, gifts, solicitation) will be used to explore the difference between ethical violations and technical variations. She will describe how the management of temporary, progressive or recurrent impairment in the psychotherapist affects patients, colleagues, students and supervisees.

Registration Fee \$50.00

Ethics CEU's offered

Register at [mpsi.info](http://mpsi.info) and send fee to

Gwen Williams, MPSI Administrator,

825 Nicollet Mall #1950, Minneapolis, MN 55402

---

### Wives Tales: The Experience of Trans Partners

Lisa Chase, Ph.D.

Sunday, October 9, 2011, 9:30 am - 11:30 am

The Minikahda Club

3205 Excelsior Boulevard, Minneapolis, MN 55416

Dr. Chase will present material from her dissertation, a collective account of a qualitative study on the subjective experience of six female, who are coupled with a trans-person undergoing a gender transition by means of hormones and/or surgery. A summary of the core implications are critical to the mental health field, not only to provide more effective clinical services to this population, but to help remedy the scarcity of literature available at present.

Registration Fee \$20.00

Questions? Contact Elise Sanders at

[elmsanders@gmail.com](mailto:elmsanders@gmail.com) or 612-210-2501

Minnesota Psychoanalytic Society & Institute

[info@mpsi.info](mailto:info@mpsi.info)

---

### Loring Park Office Space

Office space available Tuesdays, Fridays and weekends in beautiful, 1920's art deco building on the east side of Loring Park. Large office with high ceilings, room and board furniture, waiting room and kitchenette. \$175/mo per day used. Please contact Suzanne Harman, LICSW at 612-760-6978 if interested or for further information.

---

### Group Referrals:

#### Chrysalis Center for Women

Group referrals needed, PTSD group, mainly sexual abuse and developmental abuse, is seeking referrals. Contact Bev Caruso, 612-374-2618 or send referrals to Intake, Chrysalis Center for Women, 612-871-0118, ext.426.

---

### Looking for Licensed Therapists

Healing Therapeutic Services, LLC is a small private practice located in Ramsey and we are looking for licensed therapists (LICSW, LMFT, and LP) to join our group private practice as independent contractors. Healing Therapeutic Services is an established, reputable, growing group private practice. Percentage split and amenities are negotiated on an individual basis. Office space is available days, evenings and weekends.

For more information about our practice please see our website at [www.healingts.com](http://www.healingts.com).

Please contact Jennifer Zenz-Olson, LICSW at [jen@healingts.com](mailto:jen@healingts.com) or 763-427-2590 if you are interested in this opportunity.

---

### Expanding Your Practice

If you are interested in expanding your practice and providing treatment to refugees who have experienced trauma, please contact Sue Johnston, LICSW at 612-230-3213. Assistance in learning how to contract and work with interpreters (insurance pays for this service) can be provided as well as introduction to the refugee community. Clinical peer support is available. Willingness to see clients for several hours at a community based location is a prerequisite.

# Advertisements

## **NASW–MN Chapter Workshop Therapy for Men: The Whole–Hearted Approach**

Patrick Dougherty, MA, LP

October 7, 2011, 8:30 am–4:00 pm

The common defenses used by many men include, shame with its emotional collapsing or its anger, narcissism with its lack of empathy and entitlement, passive dependency, intellectualization, and others. These behaviors get in the way of their ability to engage in life enhancing relationships.

These men need help from us to get beyond the defenses and develop relational skills, beginning with the capacity for vulnerability, knowing how it feels to be deeply connected to another, how to stay regulated rather than being overwhelmed by their emotions, and to experience empathy, remorse and relational repair.

Register at [www.naswmn.org](http://www.naswmn.org)

---

## **MPSI PSYCHOTHERAPY CENTER Now Taking Referrals**

The MPSI Psychotherapy Center is committed to providing psychodynamic psychotherapy to people who otherwise could not afford this level of care. **We are taking referrals now and there is no waiting list.**

The MPSI Psychotherapy Center is conveniently located in Uptown at 3108 Hennepin Avenue South, and is easy to reach by bus or car. We are a fee–for–service Center and do not take insurance. Fees are determined solely on the patient’s ability to pay.

To make an appointment, patients should call [612-824-3800](tel:612-824-3800) and leave their name and number. An intake worker will return their call and connect them to a therapist who will schedule a first appointment. If you know of someone who wants psychotherapy but is unable to afford it, please have them call the MPSI Psychotherapy Center.

If you have questions and want to learn more about the MPSI Psychotherapy Center, please feel free to contact us. We’d be happy to answer your questions and provide you with information about our services.

---

## **Men Can Connect**

**Weekly starting on**

**Wednesday, October 19, 2011, 7–8:30 pm**

Life continually presents us with difficult challenges. In the Men Can Connect group, you will learn how to slow down and connect with yourself in some new ways that make it possible to face these challenges with greater confidence. For example, you will then learn how to identify your feelings and be able to express them without getting defensive or having to hold them in. This group will be able to assist you with feeling confident, and getting through the loss or difficulties you are experiencing. In this group you will also be able to practice connecting with your group members and get their valuable perspectives as well as giving them yours.

We’ll meet at 8085 Wayzata Boulevard, Suite 216, St Louis Park, MN 55426. The cost is \$100 per month.

## **How Do I Know That You Are Really With Me?**

**Saturday, October 22, 2011, 9 am – 4 pm**

Have you felt that your partner sometimes just doesn't understand how you are feeling? Do you find that it is difficult to explain to your partner exactly how you feel without getting into one of those awkward moments or familiar arguments?

We’ll meet at 8085 Wayzata Boulevard, Suite 216, St Louis Park, MN 554426. The cost is \$205.00 per couple, which includes six hours of class.

*Both sessions will be facilitated by Bernie Slutsky, M.A. LICSW, who has been a psychotherapist for over 30 years, has a private practice working with couples and individuals. He has worked with men in various clinical settings both individually and in groups. To register contact Bernie Slutsky, M.A. LICSW at 763-541-8176 or [bernie@therapyforrelationships.com](mailto:bernie@therapyforrelationships.com)*

---

## **Peer Counseling for Private Practitioners– Consultation Group**

If you are in private practice and would like to be part of a consultation group where we will have clinical discussions around cases, please call Nikki Dufour at 952-220-0983. Time, dates and place to be determined.

## Minnesota Society for Clinical Social Work

Officers	Standing Committees	Other Committees
<b>President</b> Harriet Kohen 763-443-6562	<b>Education</b> Bonnie Burg 651-647-4412 Mark LaChapelle 952-928-8474	<b>MN Coalition of Licensed Social Workers</b> David Gibson 651-351-5202
<b>President-Elect</b> Shadee Hardy 651-645-3115	<b>Finance</b> Shadee Hardy 651-645-3115	<b>Newsletter Coordinator</b> Beverly Caruso 612-374-2618
<b>Secretary</b> Tamara Kaiser 612-825-8053	<b>Media Watch</b>	<b>Law Committee</b> Ellen Luepker 651-999-0116
<b>Treasurer</b> Shadee Hardy 651-645-3115	<b>Membership Services</b> Beverly Caruso 612-374-2618 Sarah Schuh 612-873-7720 Linda Pavic 952-215-6612	<b>State Board of Social Work Advisory Committee</b> Carol Schreier 612-925-8673
<b>Members at Large</b> Erin Forsman 612-750-2462 Ernie Gunderson 612-721-9103	<b>Leadership Development Past President</b> Sarah Anderson 651-766-0671	<b>Student Member</b> Melissa McCanney 651-334-9625

### Dates to Remember:

September 26, 2011	<b>Fall Clinical Conversation: Conceptualizing Couple's Therapy</b>
October 10, 2011, 7-9 pm	<b>Private Practice Meeting</b>
October 17, 2011	<b>Ethics Seminar</b>
November 4, 2011	<b>Fall Workshop: Complex PTSD</b>
<b>May 21, 2012</b>	<b>Annual Meeting Membership Renewals Due</b>



P. O. Box 80594  
 Minneapolis, MN 55408

**FIRST CLASS MAIL**